

**KCSD 96 Approved Snack List**  
**Free of the Top 8 Allergens**  
*(Milk, Eggs, Peanuts, Tree Nuts, Fish, Shellfish, Soy & Wheat)*  
**and Gluten**  
**\* Notes single serve snack size available**

**Dear Families,**

Please find, below, approved items for all classroom snacks. As you can see, the list remains extensive. Additionally, based on prior feedback, you will find more organic/natural items included to provide families with even more choices. In addition, this list eliminates the top 8 allergens and gluten, making this list a “win” for all students! **Please note that all items for daily snack, with the exception of fruits and vegetables, MUST be pre-packaged to allow for teachers to easily check snacks.**

For student safety, please check food labels as ingredients can change without warning. As ingredient labels are necessary to ensure student safety, no homemade baked goods allowed. Please also check that brands match those listed on the approved snack list. Packaging looks similar for many snacks.

Should you have questions about this list or District 96’s food allergy management procedures, please contact Amy Gluck, Director of Educational Services at (847) 459-4260 or [agluck@kcsd96.org](mailto:agluck@kcsd96.org) .

Thank you in advance for your support of safe classrooms! Your child’s classroom may have a specific classroom list; please be sure to adhere to the classroom list if this is the case.

## **Daily Snacks- Must be pre-packaged with the exception of fruits/vegetables**

### **FRUITS & VEGETABLES (No dips please):**

- Fresh whole or cut fruit
- Fresh whole or cut veggies
- Pre-packaged fruits and veggies

### **Dried (NO Trail Mixes and NO Yogurt Covered):**

- Ocean Spray Craisins\* (Original Dried Cranberries, watermelon and orange flavors)
- Sunmaid Natural California Raisins\* (Plain only), Cranberries & Raisins (Plain only)
- Sunmaid Organic Raisins
- Sunsweet 'Amazin' Prunes'\* (any flavor ie, Pitted, BitSize, Petite, Cherry Essence, Lemon Essence)
- Patience Organic and Co\* (Dried Cranberries, Blueberries and Fruit Blend)

### **Cups/Bowls/Pouches\*: (NO Toppings/Mix Ins)**

- Del Monte Diced Fruit Cups (Mango, Pineapple, Pears, Cherry Mixed Fruit, Mixed Fruit, Mandarin Oranges, Peaches)
- Materne GoGo Squeez: APPLESAUCE On the Go (Any Flavor)
- Mott's Applesauce- Original & Unsweetened: (Any Flavor- ie, Apple, Blueberry, Cinnamon, Pear, Strawberry, Granny Smith, Mixed Berry, Mango Peach)
- Mott's Snack & Go- Original & Unsweetened: (Any Flavor- ie, Cinnamon, Strawberry, Granny Smith, Original, Mixed Berry, Mango Peach)
- Musselman's Applesauce & Organic Applesauce: (Any Flavor) (Any Flavor- ie, Cinnamon, Original, Unsweetened, Honey Cinnamon)
- Plum Organic Mash-Ups (banana, blueberry & carrot, blueberry blitz, berry! carrot chop!, strawberry)

### **JELLO\*(NO Toppings/Mix Ins):**

- Kraft: Jell-o Gelatin Ready to Eat Snack Cups- Original and Sugar Free (strawberry, orange, cherry, black cherry, raspberry, lemon-lime, blueberry)

### **FRUIT SNACKS & ROLL UPS\*:**

- Annie's Inc. Assorted Fruit Snacks: Annie's Organic Bunny Fruit Snacks (Pink Lemonade, Sunny Citrus, Tropical Treat, Summer Strawberry, Berry Patch), Organic Orchard Fruit Snacks: Really Peely Fruit Tape (Bendy Berry, Swirly Strawberry), Bernie's Farm Fruit Snacks: (Natural Strawberry & Raspberry & Orange Flavors)
- 'Clif Kids' (Clif Bar & Co): Organic ZFruit-Twisted Fruit Snack (Strawberry, Mixed Berry, Grape)
- General Mills 'Betty Crocker': Fruit Snacks, Fruit By the Foot, Fruit Gushers, Fruit Roll Ups (Any Flavor)
- General Mills 'Mott's' Assorted Fruit Snacks (Medleys only)
- Stretch Island Fruit Co: Original Fruit Leathers (Strawberry, Grape, Raspberry, Apple Apricot, Cherry) Organic Fruit Bites (Blueberry, Strawberry) Organic Fruit Strips (Apple Cinnamon, Grape, Strawberry, Tropical)
- Yum Earth Inc 'Yum Earth Organics' Fruit Snacks (Original, Tropical)

### **CEREAL BARS, SNACKS, CEREAL:**

- Enjoy Life- Soft Baked Chewy Bars (Any Variety)
- Quaker Rice Cakes (Salt Free, Lightly Salted)
- MadeGood: Crispy Squares\*, MadeGood Granola Bars\* (Apple Cinnamon, Mixed Berry, Chocolate, Banana), Granola Minis (Strawberry, Mixed Berry, Chocolate Chip)\*
- Organic Crunchy Rice Rollers' original brown rice' (Chef Bobo Brand Inc)
- SkinnyPop Popcorn\* (Original, Sea Salt & Black Pepper, Naturally Sweet) SkinnyPopPopcorn Mini Cakes (Sea Salt, cinnamon & sugar), SkinnyPop Popcorn Cakes (Sea Salt, Maple Brown Sugar)
- Sensible Portions Garden Veggie Straws\* (Sea Salt), Garden Veggie Chips (Sea Salt)
- General Mills:
  - Cheerios (Plain, Fruity, Frosted)- small boxes
  - Chex (Rice, Corn)- small boxes
  - Lucky Charms- small boxes

### **MEATS:**

- Jack Link's Meat Snacks Beef Jerky (Sweet & Hot)
- Old Wisconsin Beef (Beef sticks, turkey sticks, beef and turkey snack bites)
- Sausages: Armour (reduced fat, BBQ flavor, Hot and Spicy, and Smoked); Libby's Vienna Sausages

### **DRINKS: Bottled Water**

## **Special Events/Birthday Treats, Class Treats, or Parties only (Grades 1-5)**

### **FRUITS & VEGETABLES (No dips please):**

- Whole fruit (grapes, apples, oranges, bananas, strawberries, blueberries, etc.)
- Individually pre-packaged cut fruit

### **Any item on the Daily Snack list plus:**

### **COOKIES:**

- Enjoy Life: Crunchy Cookies, Crunchy Minis, Soft Baked Cookies, Soft Baked Mini Cookies, Mini Chips Snack Packs\* (Any Variety)

### **MARSHMALLOWS:**

- Kraft Jet-Puffed Marshmallows: (Original, Miniature, Jumbo Mallows, S'moreMallows)

### **CHIPS/ SNACKS:**

- FritoLay Fritos\* (Original, Scoops)
- FritoLay Ruffles Potato Chips\* (Original, Reduced Fat)
- Frito-Lay 'Lay's' Potato chips\* (Classic, Wavy, Wavy Lightly Salted -50% less Sodium, Lightly Salted, Simply)
- Frito-Lay Tostitos Tortilla Chips\* (Original Restaurant Style, Bite Size, Scoops, Crispy Rounds, Cantina Traditional, Cantina Thin & Crispy, Simply Organic Yellow Corn Tortilla Chips, Simply Organic Blue Corn Tortilla Chips)

### **POPCORN:**

- Divvies Gourmet Popcorn (<http://www.divvies.com>): (Caramel Corn, Kettle Corn)

### **CANDY:**

- Dots (Original, Sour)
- Dum Dum Lollipops (Original, NO filling)
- Enjoy Life Boom Choco Boom Chocolate Bars (Dark Chocolate, Ricemilk Crunch, Ricemilk Chocolate,)
- Enjoy Life: Semi-Sweet Chocolate Mini Chips, Semi-Sweet Chocolate Mega Chunks, Dark Chocolate Morsels
- Mike and Ike Chewy Assorted Fruit Flavored Candies (Original Fruits, Berry Blast, Tropical Typhoon, Mega Mix-10 Flavors)
- Skittles (Original\*, Tropical, Wild Berry, Sour, Brightside, Sweets & Sours)
- Smarties Assorted Flavor Candy Rolls (Original)
- Starburst (Original\*, Tropical, Minis, Fave Reds, Summer Splash, Sweets & Sours)
- Sour Patch Kids Soft & Chewy Candy (Original\*, Watermelon)
- Swedish Fish Mondelez Global Brand: (Original Red\*, Assorted Colors)
- Surf Sweets (Fruity Bears\*, Organic Fruity Bears\*, Fruity Hearts, Gummy Bears, Gummy Worms, Jelly Beans, Organic Jelly Beans\*, Peach Rings, Watermelon Rings, Spooky Spiders, Sour Berry Bears, Sour Worms)
- Yum Earth Inc.: Yum Earth Organics Gummy Bears, Yum Earth Organic Pops

### **DRINKS:**

- Fruit Juice: Apple & Eve (any variety), Capri Sun, Capri Sun Organic, Gatorade, HiC, Honest Kids, Juicy Juice, Minute Maid, Motts, Simply Balanced, Welch's (Any Flavor for all of the above)